Nebraska Behavioral Health Reform Statewide Workforce Initiative

To create an innovative, recovery-focused education and training center for the purpose of developing a competent, interdisciplinary behavioral health workforce to serve the people of Nebraska

Nebraska's Behavioral Health

 In any given year, 24 - 30% of Nebraska's population suffers from a mental illness and/or substance abuse



What is the problem?

- We reformed services in the Behavioral Health system; however, the job of behavioral health reform isn't finished.
 - Trained professionals are lacking in all our communities.
 - We train within our own disciplines but work in teams.

Unfinished Business from LB 1083

- LB 1083 Section 71-820
- "Promote activities in research and education to improve the quality of behavioral health services, the recruitment and retention of behavioral health professionals, and the availability of behavioral health services."

Education Must Support Reform

- Change in Location and Philosophy of Care
 - Community-based
 - Interdisciplinary
 - Recovery focused
 - Evidenced based

Requires state-wide change in Model of Training

Organization and Management

- Academic leadership members of UNO, UNK, UNL, Community Colleges, Creighton and UNMC
- Partners with Regions, Agencies, Consumers and Family Members
- "Center" to develop curriculum, coordinate education across academic institutions, and provide clinical training
- "Sites" in all areas of state to meet local training needs

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What will the Center do?

- Interdisciplinary supervision and teaching
- Develop certificate programs for special focus on community services
- Education for undergraduate trainees through post-graduate practitioners
- Clinical supervision of trainees in all areas of the state
- Develop peer support

What will the Center do?

- Increased number of trained practitioners
 - Increased Psychiatry Residency Training
 - Improved Recruitment into behavioral health fields
 - Improved Retention of Providers especially in rural areas
- Tele-health and Tele-education for rural areas

What will the Center do?

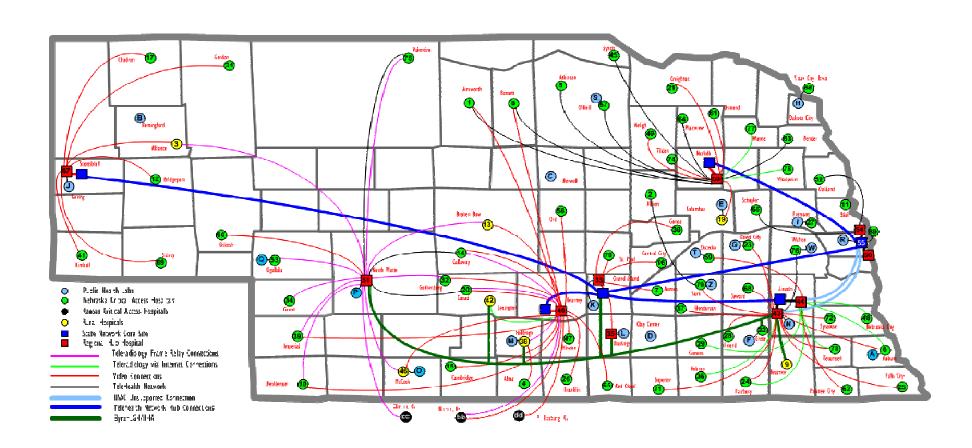
- Improved Preparation of the Behavioral Health Workforce
 - Development of Interdisciplinary Education Tools
 - Examples: Recovery, Co-Occurring Disorders
 - All Stakeholders Involved
 - Dissemination of Materials
 - Examples: Current professional education (all professions), New certificate programs, Statewide In-Service Training,
 - Interdisciplinary Training Site

Interdisciplinary Faculty and Trainees

- Inclusive of all Behavioral Health professions
 - Psychiatry
 - Mental Health Practitioners and Social Work
 - Substance Abuse Counselors
 - Community Rehabilitation Workers
 - Psychology and Neuropsychology
 - Primary Care
 - Nursing
 - Physician Assistants
 - Pharmacy
 - Peer Support Providers



Statewide Secure Information Network



Site DevelopmentTraining Students in Local Communities

- Modeled after successful Rural Health Education Network
- Sites developed with partners
 - Behavioral Health Regions
 - Rural Health Commission
 - Area Health Education Centers
- Sites developed with local agreements
- Two sites developed each year for three years

How can we do this?

- Leveraging Existing Resources in a targeted fashion
- Integration of resources is key
- Involve all stakeholders



Small investment leads to greater return

Resources / Partners

- Consumers
- Families
- Creighton
- University of Nebraska Campuses
- Lasting Hope Recovery Center
- Community Colleges
- Community-Based Providers

Outcomes

- Improve rural recruitment / retention
- Provide more psychiatry residents
- Improve statewide access to high quality care
- Improve quality of behavioral health training
- New ways to collaborate

For More Information

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